#### 6th GRADE SUMMER ORIENTATION LAKEVIEW MIDDLE SCHOOL

July TBD (CDC COVID-19 Guidelines)

2 Sessions

Session 1 8:30am - 10:30am

Session 2 12:30pm - 2:30pm

To sign up for a session, call 706-866-1040

All incoming 6th graders are encouraged to sign up for one of the two sessions at the school. Students will tour the buildings, meet some of the 6th grade teachers, and learn more about connections, clubs, sports and activities offered at LMS. Study skills and organizational skills will be emphasized. This orientation is not required but can help your 6<sup>th</sup> grader by relieving some anxiety about the first day of middle school. For more information, or to sign up for a session, call 706-866-1040.



Parents, Teachers, Students, and Administrators working together building Great Canoes

Detach and mail to school-Lakeview Middle School, 416 Cross Street, Rossville, GA. 30741 OR CALL 706-866-1040

July TBD (Check one)
8:30 AM 10:30AM
12:30PM -2:30 PM
Student Name
Parent Name
Contact #
Email:

## WHAT TO EXPECT DEVELOPMENTATILLY

- ⇒ START OF PUBERTY
- ⇒ Anticipate growth spurts and weight fluctuation
- ⇒ Increased levels of activity along with frequent fatigue due to rapid growth
- ⇒ Experiences voice changes
- ⇒ Develops body odor
- ⇒ Increase in logical reasoning using concrete examples
- ⇒ Enjoys using skills to solve real life problems

### WHAT TO EXPECT FOR COLLEGE AND CAREER READINESS

- ⇒ Acquire the skills and knowledge necessary to make informed career decisions
- ⇒ Understand the relationship between educational achievement and career development
- ⇒ Participate in career exploration
- ⇒ Take career-related assessments
- ⇒ Develop an individual



# HOW DO I BECOME INVOLVED IN MY CHILD'S SCHOOL AND EDUCATION?

Keep a family calendar. Ask for a copy of the upcoming year's school calendar and put important dates, such as open houses, parent conferences, and holidays, on your family's calendar. Encourage your child to add items, such as tests, project due dates, and extracurricular activities as well. Make it a point to check it daily.

Attend school activities. Go to school functions, such as a curriculum and career night, a sporting event, or student performance. While there, learn about school expectations and get to know other parents and school staff. Call the school and ask to speak with the parent involvement coordinator or school counselor to discover when these activities are held.

Volunteer at home or at school. Participate by volunteering in the family center, helping out in the media center or computer lab, or serving as an advisor for an extracurricular activity or club. If you cannot get to the school during the day, let the school know what special talents you have and what you are willing to do from home. It could be collecting recyclables for class projects or reaching out to community and business organizations for school support.

Share your ideas. Find out which school committees seek to include parent representation, such as Title I, School Council, and Family Engagement. Talk to the principal and other parents about getting involved in decision-making processes.

Be an informed parent. Carefully read information sent home from the school on school policies, procedures, curriculum, and meetings. Check out newsletters, websites, and other resources. Utilize the school's parent portal so you can monitor your child's progress daily. Consider visiting the Khan Academy website (www.khanacademy.org) to find resources to help your child learn.

Show your child that you care. Ask your child about his or her school day. Monitor your child's academic, social, and developmental performance. Get to know their interests and what truly motivates them to do better. Support them in those endeavors.

# MIDDLE SCHOOL MATTERS!

## A Guide for FAMILIES on Middle School Transition



## WHAT TO EXPECT DEVELOPMENTATILLY

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A Guide for FAMILIES
on Middle School
Transition



#### Lakeview Middle School Volunteer Interest Opportunities



#### Did you know?

Research in the areas of parent involvement and family engagement indicates that parent participation is one of the greatest indicators of student success. Parents are a kid's first and most important teacher. Family engagement is also closely linked to academic achievement and self-confidence. "Effective family engagement correlates with students' earning higher grades and test scores." (National Institute of Education)

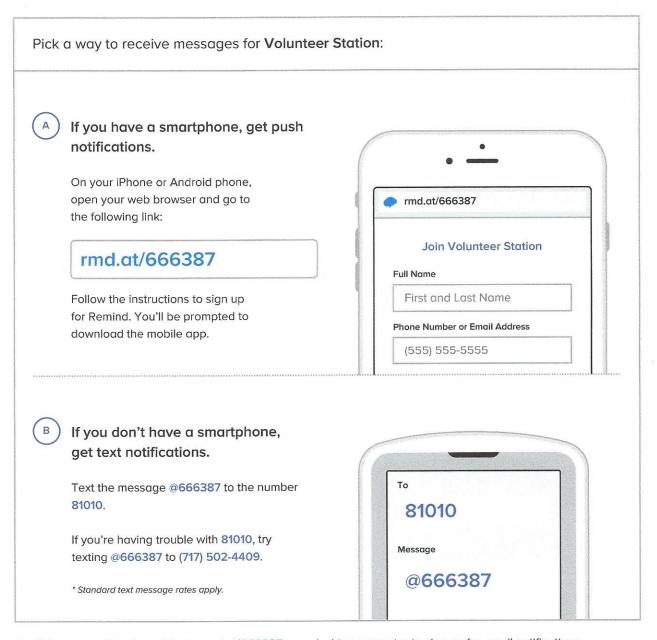
Thank you for expressing an interest in being a Parent Volunteer at Lakeview Middle School. Please complete the information below so that I will know what you would be most interested in volunteering to do. If you need additional information or assistance, please contact me (Stacey Newell, Parent Involvement Coordinator) at 706–866–1040. Completed forms can be returned to your student's homeroom teacher and then will be forwarded to me or you can send them to me via email at <a href="mailto:snewell.lms.LMS@catoosa.k12.ga.us.">snewell.lms.LMS@catoosa.k12.ga.us.</a>

Name:		Child's	Name/Grade:		
Address:					
Home:					
Check all are I would like Voluntee Sell Ice	eas which ir to volunteer r in Parent R	nterest you: r for: oom (#101)			
Make CoLangua	ge translator r in the Warr	•		LAKEVIEW MIL	ODLE ORS
(Fridays 11-1:0 Serving	15 mm-11	School Governan	ce Team		All Inches
Renaissar	ce Program I	Events			
Assisti			T		
Attendan					
Serving		•	l		
Join War	rior Pride Tea	m Events			
The following	time(s) are be	st for me to he	elp. Circle your b	est time.	
Mornings:	Monday	Tuesday	Wednesday	Thursday	Friday
Afternoons:	Monday	Tuesday	Wednesday	Thursday	Friday



### Sign up for important updates from S. Lakeview.

Get information for Volunteer Station right on your phone—not on handouts.



Don't have a mobile phone? Go to rmd.at/666387 on a desktop computer to sign up for email notifications.

#### (Please RETURN this acceptance for to your student's School)

#### Catoosa County Public Schools Infinite Campus Portal Acceptable Use Procedures

#### Acceptance Form

Please list ALL your students whom you are a parent or you hold legal guardianship that are attending Catoosa County Public Schools.

Student Name	Relationship to Student	School	Grade
	21 0000	cceptable Use Procedure, includ	THE RESERVE
2		e by and support these rules. I u	
and the same of th	and the Affilian seems to the seems	ure, I may lose my privilege to us	se the Infinite
Campus Portal and may be lia	ble for civil and/or criminal	consequences.	
(Please Check One)			
☐ I have an existing Pare	ent account.		
☐ Set me up a new Paren			
•			
Parent/Guardian Nan	ne (Please Print)		***************************************
Parant/Guardian Cim	nature		
r areno quarquan Sigi	ature		
Parent /Guardian Information	:		
Home Address:		EMail Address:	
City State Zip:		Work Phone:	
Ony State Zip-		WOLE I ROLL	
Home Phone:		Cell Phone:	
		nd high school students listed	l above to hav
access to the Infinite Camp	us portal.		
Parent/Guardian Signature			
G. 1 .//	6 4 1 4 - 10 6	ld Dii b-l tht	
_		or older. By signing below the st	
		ampus Portal Acceptable Use Pr table Use Procedure, I may lose	
		and/or criminal consequences.	my privilege to
use the minimus Campus 1 or to	if and may be hable for civin	and of criminal consequences.	
Student 1 Signature			
Student 2 Signature			
Acceptable Use Procedures Acceptance F	orm 2011-11-18		

#### ■ P reparticipation Physical Evaluation HISTORY FORM (Note: This form is to be

filled out by the patient and parent prior to seeing the physician. The physician should keep this form in the chart.)

Date of Exam	
— Name	Date of birth
Sex Age Grade School	Sport(s)
Medicines and Allergies: Please list all of the prescription and over-th you are currently taking	e-counter medicines and supplements (herbal and nutritional) that
Do you have any allergies? □ Yes □ No If yes, please identify specific below. □ Medicines □ Pollens □ Food □ Stinging Insects	allergy
Explain "Yes" answers below. Circle questions you don't know the answers to.	
GENERAL QUESTIONS Yes No	long QT syndrome, short QT syndrome, Brugada syndrome, or catecholaminergic polymorphic ventricular tachycardia? 15.
Has a doctor ever denied or restricted your participation in sports for	Does anyone in your family have a heart problem, pacemaker, or
any reason? 2. Do you have any ongoing medical conditions? If so, please identify below: □ Asthma □ Anemia □ Diabetes □ Infections Other: 3. Have you ever	implanted defibrillator? 16. Has anyone in your family had unexplained fainting, unexplained seizures, or near drowning? BONE AND JOINT QUESTIONS Yes
spent the night in the hospital? 4. Have you ever had surgery? HEART HEALTH QUESTIONS ABOUT YOU Yes No	No 17. Have you ever had an injury to a bone, muscle, ligament, or tendon that caused you to miss a practice or a game? 18.  Have you ever had any broken or fractured bones or
5. Have you ever passed out or nearly passed out DURING or	dislocated joints? 19. Have you ever had an injury that required x-rays, MRI, CT scan,
AFTER exercise? 6. Have you ever had discomfort, pain, tightness, or pressure in your chest during exercise? 7. Does your heart ever race or skip beats (irregular beats) during exercise? 8. Has a doctor ever told you that you have any heart problems? If so, check all that apply:	injections, therapy, a brace, a cast, or crutches? 20.  Have you ever had a stress fracture? 21. Have you ever been told that you have or have you had an x-ray for neck instability or atlantoaxial instability? (Down syndrome or dwarfism) 22. Do you regularly use a brace, orthotics, or other assistive device? 23. Do you have a bone, muscle, or joint injury that bothers you? 24. Do any of your joints become
□ High blood pressure □ A heart murmur	painful, swollen, feel warm, or look red? 25. Do you have any
<ul> <li>□ High cholesterol</li> <li>□ A heart infection</li> <li>□ Kawasaki disease Other:</li> <li>9. Has a doctor ever ordered a</li> </ul>	history of juvenile arthritis or connective tissue disease?  MEDICAL QUESTIONS Yes No 26. Do you cough, wheeze, or have difficulty breathing during or
test for your heart? (For example, ECG/EKG,	after exercise? 27. Have you ever used an inhaler or taken asthma medicine? 28. Is there anyone in your family
echocardiogram) 10. Do you get lightheaded or feel more short of breath than expected	who has asthma? 29. Were you born without or are you missing a kidney, an eye, a testicle
during exercise? 11. Have you ever had an unexplained seizure? 12. Do you get more tired or short of breath more quickly than your friends during exercise? HEART HEALTH QUESTIONS ABOUT YOUR FAMILY Yes No 13. Has any family member or relative died of heart	(males), your spleen, or any other organ? 30. Do you have groin pain or a painful bulge or hernia in the groin area? 31. Have you had infectious mononucleosis (mono) within the last month? 32. Do you have any rashes, pressure sores, or other skin problems? 33. Have you had a herpes or MRSA
problems or had an unexpected or unexplained sudden death before age 50 (including drowning, unexplained car accident, or sudden infant death syndrome)? 14. Does anyone in your family have hypertrophic cardiomyopathy, Marfan	skin infection? 34. Have you ever had a head injury or concussion? 35. Have you ever had a hit or blow to the head that caused confusion,  prolonged headache, or memory problems? 36. Do

syndrome, arrhythmogenic right ventricular cardiomyopathy,

headaches with exercise? 38. Have you ever had numbness, tingling, or weakness in your arms or

legs after being hit or falling? 39. Have you ever been unable to move your arms or legs after being hit or falling? 40. Have you ever become ill while exercising in the heat? 41. Do you get frequent muscle cramps when exercising? 42. Do you or someone in your family have sickle cell trait or disease? 43. Have you had any problems with your eyes or vision? 44. Have you had any eye injuries? 45. Do you wear glasses or contact lenses? 46. Do you wear protective eyewear, such as goggles or a face shield? 47. Do you worry about your

have frequent seizures that cannot be controlled by medication?

Explain "yes" answers

here

weight? 48. Are you trying to or has anyone recommended that you gain or

lose weight? 49. Are you on a special diet or do you avoid certain types of foods? 50. Have you ever had an eating disorder? 51. Do you have any concerns that you would like to discuss with a doctor? FEMALES ONLY 52. Have you ever had a menstrual period? 53. How old were you when you had your first menstrual period? 54. How many periods have you had in the last 12 months?

Explain "yes" answers here

I hereby s		ne best of my knowledge	e, my answers to the above quest	ions are complete	
Signature of	athlete		Signature of parent/guardian		Date
Medicine, A noncomme	American Orthopyrcial, education participat	paedic Society for Sports N al purposes with acknowled tion Physical Ev	erican Academy of Pediatrics, America ledicine, and American Osteopathic A ligment. HE0503 9-2681/0410 aluation THE ATHI LEMENTAL HISTO	LETE WITH	erican Medical Society for Sports ission is granted to reprint for
Name					_Date of birth
Sex	Age	Grade	School	Sport(s)	
Date of Classifica available 4. Cause accident	e of disability (bi				
	er en				Yes No 6. Do

you regularly use a brace, assistive device, or prosthetic? 7. Do you use any special brace or assistive device for sports? 8. Do you have any rashes, pressure sores, or any other skin problems? 9. Do you have a hearing loss? Do you use a hearing aid? 10. Do you have a visual impairment? 11. Do you use any special devices for bowel or bladder function? 12. Do you have burning or discomfort when urinating? 13. Have you had autonomic dysreflexia? 14. Have you ever been diagnosed with a heat-related (hyperthermia) or cold-related (hypothermia) illness? 15. Do you have muscle spasticity? 16. Do you

Please indicate if you have ever had any of the following.

Yes No

Atlantoaxial instability X-ray evaluation for atlantoaxial instability Dislocated joints (more than one) Easy bleeding Enlarged spleen Hepatitis Osteopenia or osteoporosis Difficulty controlling bowel Difficulty controlling bladder Numbness or tingling in arms or hands Numbness or tingling in legs or feet Weakness in arms or hands Weakness in legs or feet Recent change in coordination Recent change in ability to walk Spina bifida Latex allergy

Explain "yes" answers here

I hereby state that, to the best of my knowledge, my answers to the above questions are complete and correct.

Signature of athlete \_\_\_\_\_\_ Signature of parent/guardian \_\_\_\_\_\_ Date

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#### Preparticipation Physical Evaluation PHYSICAL

#### **EXAMINATION FORM**

Name	Date of birt
	PHYSICIAN REMINDERS 1. Consider additional questions on more sensitive issues

- Do you feel stressed out or under a lot of
- pressure?
- Do you ever feel sad, hopeless, depressed, or anxious?
- Do you feel safe at your home or residence?
- Have you ever tried cigarettes, chewing tobacco,

snuff, or dip?

- During the past 30 days, did you use chewing tobacco, snuff, or dip?
- Do you drink alcohol or use any other drugs?
- Have you ever taken anabolic steroids or used any other performance supplement?
- Have you ever taken any supplements to help you gain or lose weight or improve your performance?
- Do you wear a seat belt, use a helmet, and use condoms? 2.
   Consider reviewing questions on cardiovascular symptoms (questions 5–14).

EXAMINATION Height Weight 

Male 

Female BP / ( / ) Pulse Vision R 20/ L 20/ Corrected 

Y 

N MEDICAL NORMAL ABNORMAL FINDINGS Appearance

· Marfan stigmata (kyphoscoliosis, high-arched palate, pectus excavatum,

arachnodactyly, arm span > height, hyperlaxity, myopia, MVP, aortic		
insufficiency) Eyes/ears/nose/throat		
• Pupils equal		
·		
Hearing		
Lymph		
nodes		
Heart      Murmurs (auscultation standing, supine, +/-		
Valsalva)		
Location of point of maximal impulse (PMI) Pulses		
Simultaneous femoral     and radial pulses Lungs Abdomen		
Genitourinary (males only) <sup>b</sup> Skin		
HSV, lesions suggestive of		
MRSA, tinea corporis Neurologic <sup>c</sup>		
MUSCULOSKELETAL Neck Back Shoulder/arm Elbow/forearm		
Wrist/hand/fingers Hip/thigh Knee		
Leg/ankle Foot/toes Functional		
Duck-walk, single leg		
hop		
<sup>a</sup> Consider ECG, echocardiogram, and referral to cardiology for abnormal cardiac		
history or exam, <sup>b</sup> Consider GU exam if in private setting. Having third party present is		
recommended. Consider cognitive evaluation or baseline neuropsychiatric testing if a		
history of significant concussion.		
□ Cleared for all sports without		
restriction		
□ Cleared for all sports without restriction with recommendations for further evaluation or treatment for		
□ Not cleared □ Pending further		
evaluation  □ For any		
sports		
□ For certain sports		
Reason		
Recommendations		- 11
		31.
I have examined the above-named student and completed the preparticipation physical evaluation	uation. The athlete does not prese	nt apparent
clinical contraindications to practice and participate in the sport(s) as outlined above. A copy of the physical example of th	m is on record in my office and car	n be made
available to the school at the request of the parents. If condi- tions arise after the athlete has been cleared for pa	articipation, the physician may resc	cina the
clearance until the problem is resolved and the potential consequences are completely explained to the athlete (	and paremorguardians).	
Name of physician (print/type)		Date
Address	P	hone
Signature of physician		

MD	or	DO

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#### ■ P reparticipation Physical Evaluation CLEARANCE

#### **FORM**

Name		Sex 🗆 M 🗆 F Age	Date of birth
□ Cleared restriction	for all sports without		
□ Cleared	for all sports without restriction with recommend	lations for further evaluation or treatment for	
*****		-	
□ Not clea	red □ Pending further		
evaluation			
	□ For any sports		
ī	□ For certain sports		
2. <del>-</del>	Reason		
Recomme	ndations		
1 <del></del>		A. W. C.	
		2	
·			
7			

I have examined the above-named student and completed the preparticipation physical evaluation. The athlete does not present apparent clinical contraindications to practice and participate in the sport(s) as outlined above. A copy of the physical exam is on record in my office and can be made available to the school at the request of the parents. If conditions arise after the athlete has been cleared for participation, the physician may rescind the clearance until the problem is resolved and the potential consequences are completely explained to the athlete (and parents/guardians).

Name of physician (print/type)	Date
Address	Phone
Signature of physician	, MD or DO
EMERGENCY INFORMATION	
Allergies	
	e
Other information	

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Lakeview Middle School Online Transition
Meeting and Collaboration with
Elementary feeder schools (Westside,
Battlefield, Cloudsprings) via COVID-19
Minutes

Stacey Newell Parent Coordinator collaborated with elementary feeder schools PICS

- Jenifer Adkins
- Kathy Honeycutt
- Andrea Herspts

Stacey sent all information for the online transition meeting to all the feeder school PICS in a Google Shared folder with each individual feeder school information.

Stacey emailed all the feeder school PICS and informed them of all the information and dates for the feeder school PICS to share on their website and send in a DoJo Text alert to all the now (5th graders) parents.

The Transition Online Powerpoint includes middle school information: links for parents with important information, packets, pamphlets, and forms

- Academics
- Connections classes
- Extra curricular
- Sports
- Houses
- PRIS
- Renaissance
- Drop off- pick up
- Volunteer information
- Title I Information
- Survey

Stacey asked that all information stay up throughout the summer for parental guidance.



#### **ONLINE Parent Transition Meeting**

### Agenda (covid-19) Friday May 8th Posted on LMS Website Shared with Feeder School Pics

- Welcome and Introductions to Staff in Powerpoint Presentation
  - o Vince Phillips Principal
  - o Jeff Chastain Assistant Principal
  - o Tracy Horton Assistant Principal
  - o Jennifer Smith & Doug Hilyard School Counselors
  - o Kelly Williams Athletic Director
  - o Office A and B Secretaries
  - o Blake Edwads-SRO Officer
  - o Michelle Privet-Academic Coach
  - o Kim Jenkins-Media Specialist
- Moving Up to Middle School Information PowerPoint

Presentation

Questions / Concerns link to survey (Google Form)

#### LMS LINKED Documents given to Parents during Powerpoint Presentation Online

- Transition Packet
- 6th grade summer Orientation sign up sheet
- Parent Portal
- Parent Portal User Guide
- Sport Physical Form
- Middle School Matters Pamphlet

#### Title I Documents Available Link on Presentation directed to the LMS Title I Page for all documents

- Annual Title I Meeting Handout
- Testing in Georgia
- 10 Tips on How to Communicate with Your Child's Teacher
- Georgia Standards of Excellence
- Components of a Title I Schoolwide Program
- Catoosa County Parent Involvement Policy / Input
- Lakeview Middle School Parent Involvement Policy / Input
- Parent Input Card